

Learning to Learn




Co-funded by
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Let's get ready






This lesson is about:
identifying your preferred learning style
exploring effective learning strategies
building your own personalized 'Learning Toolkit'

Let's start

What do you think makes a great learner?
Have you ever thought about how you learn most effectively?



Learning Strategies



Personalized Learning Toolkit

Let's discuss



Let's make it



Learning Preferences

Learning Preferences Survey

Scan the code and complete the survey
<https://leadersinthemaking.eu/survey>



Let's discuss

What are your preferred learning styles?
How do you learn most effectively?
How do you learn most effectively?
How do you learn most effectively?



Do you agree?

Our learning styles may change over time as we grow and encounter different challenges. It's important to be flexible in the strategies we use.

The most effective learners often combine different strategies depending on the task or context. Being open to trying new techniques can help us become more adaptable and successful.

Let's reflect

- I can identify my learning style preference.
- I can use different learning strategies.
- I can make my personalized learning toolkit.



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Learning

Preferences

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<https://leaders.formaloo.co/bkwevu>



*if the QR code or link don't work, choose another questionnaire online

Let's discuss

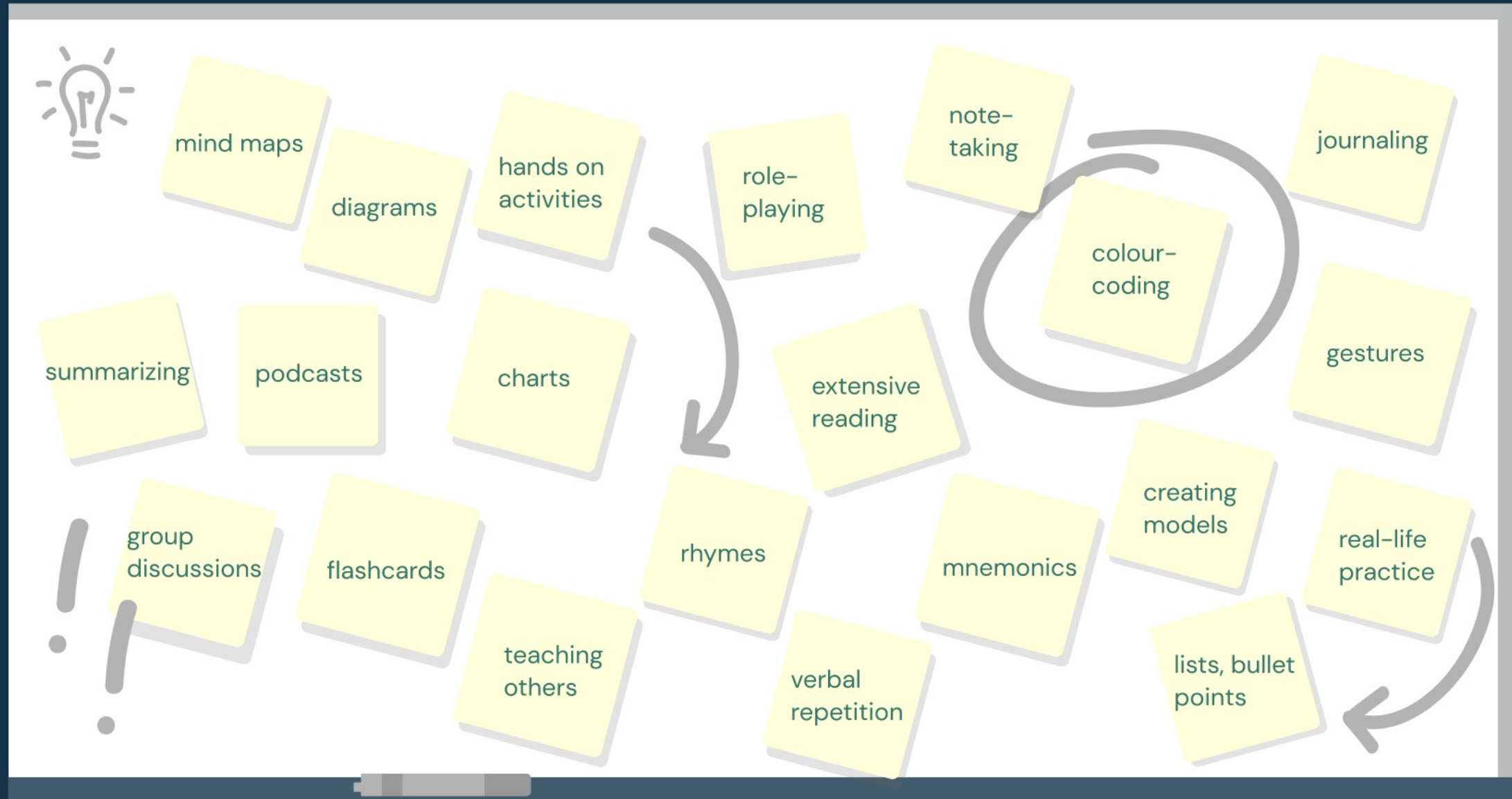
Were you surprised by your results?

How do you think your learning style influences the way you study or approach new tasks?



Learning Strategies

Learning Strategies



Visual Learners

- mind maps
- charts
- diagrams
- color coding
- flashcards



Auditory Learners



photo by: Andrea Piacquadio: www.pexels.com/photo

- podcasts
- engaging in group discussions
- teaching peers
- verbal repetition
- mnemonic and rhymes

Reading/Writing Learners

- note-taking
- summarizing
- journaling
- extensive reading
- lists and bullet points



Kinaesthetic Learners



- role-playing
- simulations
- gestures
- creating models
- real life practice

Personalized Learning Toolkit



Photo by Vlada Karpovich: www.pexels.com

Let's make it

- take a piece of paper
- write your learning style in the middle
- surround it with 5–6 strategies you think will work best for you
- add one extra strategy you've never tried but are curious about
- decorate it and personalize it

Let's discuss

Discuss in small groups:

How can you use your toolkit in your studies this week?

What do you think will be the biggest challenge in applying these strategies?

How can you track whether a strategy works for you?



Photo by fauxels: www.pexels.com

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