

mind  
maps

diagrams

summarizing

group  
discussions

flash  
cards

charts

teaching  
others

hands on  
activities

role-  
playing

extensive  
reading

rhymes

verbal  
repetition

note-  
taking

colour-  
coding

mnemonics

journaling

gestures

creating  
models

real-life  
practice

lists, bullet-  
points

podcasts

