

SELF-ASSESSMENT: CRITICAL THINKING

Rate yourself on each statement:

- In need of improvement
- My skills are emerging
- I'm meeting the standards
- I'm exceeding the expectations

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Category	In need of improvement	My skills are emerging	I'm meeting the standards	I'm exceeding the expectations
Problem Solving	I am usually stuck when having to solve a problem	I am stuck when having to solve a problem	I am sometimes stuck when having to solve a problem	I am never stuck when having to solve a problem
Decision Making	I am always confused when having to decide about different options	I am usually confused when having to decide about different options	I am rarely confused when having to decide about different options	I am never confused when having to decide about different options
Questioning Facts	I never question facts	I sometimes question facts	I question facts	I always question facts
Investigating & Analysing	I hate investigating and analysing facts	I don't like investigating and analysing facts	I investigate and analyse facts	I love investigating and analysing facts



Co-funded by the European Union



Reflective questions

1. What strategies help me solve problems when I feel stuck?
2. How do I usually make decisions, and how could I improve my decision-making process?
3. In what ways can I strengthen my questioning and analysis of information?

Guidelines for action

1. Identify Strengths and Growth Areas
 - Highlight one area where you are confident in your critical thinking skills.
 - Highlight one area where you feel you can improve.
2. Set a SMART Goal
 - Make your growth area specific, measurable, achievable, relevant, and time-bound.
 - Example: "I will use a problem-solving framework (such as brainstorming three options) before making any decision for the next month."
3. Choose an Action Step
 - Select one behaviour to strengthen immediately (e.g., asking more clarifying questions, analysing pros and cons, researching before deciding).
4. Monitor Your Progress
 - Keep a weekly reflection: What critical thinking skills did I use this week? Where did I struggle?
5. Seek Feedback
 - Ask a teacher, mentor, or peer how they perceive your problem-solving and decision-making process.
6. Review and Reassess
 - After 6–8 weeks, retake the self-assessment.
 - Reflect on your progress and set a new goal for continued growth.

