

SELF-ASSESSMENT: INITIATIVE IN LEARNING TO LEARN

Rate yourself on each statement:

- In need of improvement
- My skills are emerging
- I'm meeting the standards
- I'm exceeding the expectations

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Category	In need of improvement	My skills are emerging	I'm meeting the standards	I'm exceeding the expectations
Curiosity	I seldom demonstrate curiosity in learning activities	I occasionally demonstrate curiosity and interest in learning	I demonstrate curiosity and interest in learning	I initiate curiosity and interest in learning
Engagement	I rarely engage in learning activities	I sometimes engage in learning activities	I engage in learning activities	I independently engage in learning activities
Perseverance	I lack perseverance	I occasionally persevere	I demonstrate perseverance	I consistently persevere and solve problems
Resourcefulness	I rarely use alternate resources to assist with learning	I show growth in resourcefulness and sometimes seek assistance	I demonstrate resourcefulness and seek assistance as necessary	I consistently demonstrate resourcefulness



Reflective questions

1. When have I shown curiosity that helped me learn something new?
2. What challenges make it difficult for me to persevere, and how can I overcome them?
3. What strategies or resources could I use more effectively to support my learning?

Guidelines for action

1. Identify Strengths and Growth Areas
 - Circle one area where you scored yourself highly (a strength).
 - Circle one area where you see room for improvement (a growth edge).
2. Set a SMART Goal
 - Make your growth area specific, measurable, achievable, relevant, and time-bound.
 - Example: "I will independently seek one new resource each week to support my studies."
3. Choose an Action Step
 - Pick one behavior to start practicing immediately (e.g., asking more questions, seeking resources, persisting when challenges arise).
4. Monitor Your Progress
 - Keep a weekly note: What did I try? How did it go? What will I adjust?
5. Seek Feedback
 - Ask a teacher, mentor, or peer for feedback on your perseverance and initiative in learning.
6. Review and Reassess
 - After 6–8 weeks, retake the self-assessment.
 - Reflect on your progress and set a new goal for continued growth.