

SELF-ASSESSMENT: SOCIAL RESPONSIBILITY

Rate yourself on each statement:

- In need of improvement
- My skills are emerging
- I'm meeting the standards
- I'm exceeding the expectations

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Category	In need of improvement	My skills are emerging	I'm meeting the standards	I'm exceeding the expectations
Respect & Social Responsibility	I usually ignore the opinions and input of othersI need improvement in demonstrating respectful and helpful behaviour	I show growth in accepting othersI notice an improvement in demonstrating respectful and helpful behaviour	I listen and accept the opinions of othersI demonstrate both respectful and helpful behaviour	I seek and accept the opinions and input of othersI consistently demonstrate both respectful and helpful behaviour

Reflective questions

1. How do I usually respond to the opinions and input of others?
2. When have I shown respect and social responsibility, and what impact did it have?
3. What specific actions can I take to consistently demonstrate respect and helpful behaviour toward others?



Guidelines for action

1. Identify Strengths and Growth Areas

- Highlight one area where you already demonstrate respect and social responsibility.
- Highlight one area where you see room for growth.

2. Set a SMART Goal

- Make your growth area specific, measurable, achievable, relevant, and time-bound.
- Example: "I will actively acknowledge and respect at least one peer's input in every group activity for the next month."

3. Choose an Action Step

- Pick one respectful behaviour to strengthen immediately (e.g., listening without interrupting, acknowledging contributions, offering help).

4. Monitor Your Progress

- Keep a weekly reflection: How did I show respect this week? What could I improve?

5. Seek Feedback

- Ask a peer, teacher, or mentor how they perceive your respectful behaviour and willingness to accept others' opinions.

6. Review and Reassess

- After 6–8 weeks, retake the self-assessment.
- Reflect on your progress and set a new goal for continued growth.